

Diagnostic Imaging Pathways - Paediatric, Injury (Non-Accidental)

Population Covered By The Guidance

This pathway provides guidance on imaging a child suspected at risk of 'non accidental injury'.

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Quick User Guide

Move the mouse cursor over the PINK text boxes inside the flow chart to bring up a pop up box with salient points.

Clicking on the PINK text box will bring up the full text.

The relative radiation level of each imaging investigation is displayed in the pop up box.

SYMBOL	RRL None	EFFECTIVE DOSE RANGE 0
*	Minimal	< 1 millisieverts
4.4	Low	1-5 mSv
4.4 4.4	Medium	5-10 mSv
** ** **	High	>10 mSv

Pathway Diagram



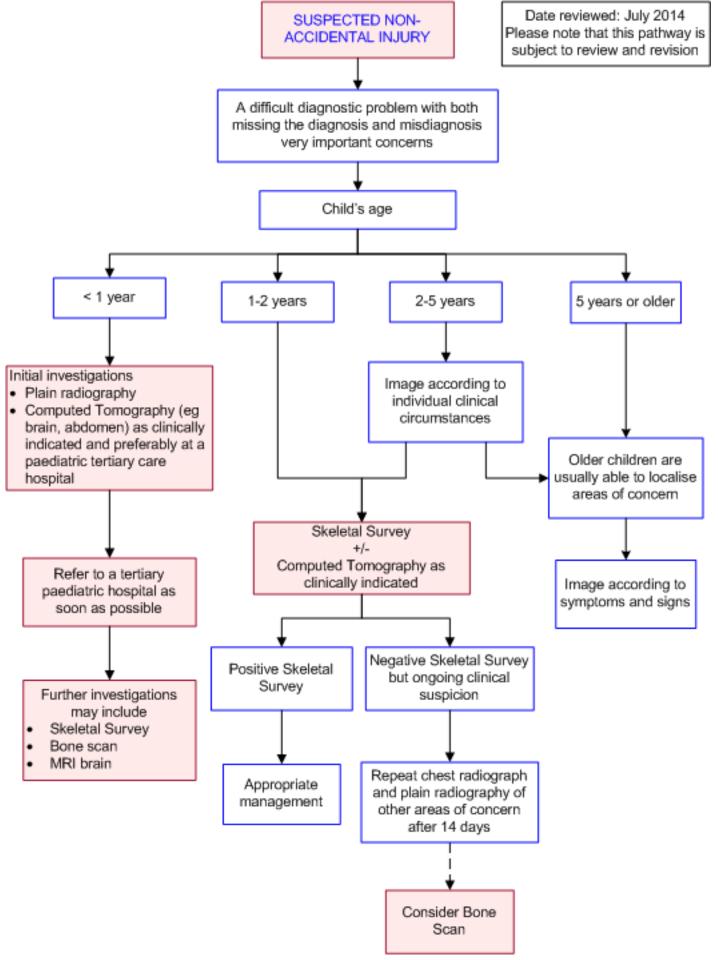




Image Gallery

Note: These images open in a new page

1a



Acute Tibial Fracture and Healing Radial Fracture

Image 1a, 1b and 1c (Part of Skeletal Survey): Acute 9cm spiral fracture affecting the mid to distal shaft of the left tibia with slight posterior displacement (arrows). A healing left distal radial fracture of a few weeks duration is also noted (arrow). No other abnormalities were seen on the other films comprising the skeletal survey which are not illustrated here.

1b



1c



Teaching Points

- Situations that evoke suspicion of non-accidental injury in children include
 - Fractures which raise suspicion for non-accidental injury eg rib fractures in young children and metaphyseal, corner or bucket handle fractures
 - Skull fractures without a history of trauma
 - Fractures of varying ages
 - Injuries which are not consistent with the history proffered
- If NAI is suspected it is important to seek specialist advice from a child protection unit at a major tertiary paediatric centre
- Investigations that may be utilised include plain radiographs, skeletal survey, computed tomography and bone scan

Radionuclide Bone Scan

 Has a complementary role with plain radiography in the evaluation of suspected non-accidental injury 9



- Some injuries are shown on radiography and not on bone scan and vice-versa 9-14
- Although there is no gold standard investigation for comparison, it is generally considered that both skeletal survey and bone scan have a reasonably high sensitivity for nonaccidental injury with the skeletal survey having a higher specificity compared to bone scan
- If bone scan is performed as first line, confirmatory radiographs of abnormal areas on bone scintigraphy must be performed to rule out false-positive findings 15
- In general most cases of suspected non-accidental injury will initially have a skeletal survey followed by a bone scan if there is still diagnostic uncertainty and ongoing high suspicion
- Some advocate that all children with suspected non-accidental injury should have both a skeletal survey and bone scan 9
- Limitations compared to skeletal survey
 - Often requires sedation
 - Higher cost
 - Higher radiation exposure
 - More limited availability
 - Lower specificity compared to skeletal survey
 - Higher incidence of false-negative results for skull fractures, metaphyseal and epiphyseal fractures <u>15</u>
- Advantages compared to skeletal survery
 - Identifies rib fractures and acute fractures not easily seen visible on skeletal survey 15

Skeletal Survey

- Skeletal survey protocols vary slightly between centres but commonly comprise of <u>16,17</u>
 - Skull AP and lateral films. Additional views if needed eg. Townes film if occipital injury suspected
 - Thorax Routine AP. Oblique views of the ribs increase diagnostic yield of rib fractures
 - Abdomen AP film with pelvis and hips
 - Cervical and lumbar spine lateral +/- AP film
 - Long bones of upper and lower limbs routine AP films. Additional views if required e.g. views centred on joints or lateral views
 - Hands and feet PA hands. AP feet
- The aim of the skeletal survey is to identify fractures that assist in making the diagnosis of non-accidental injury and to enable documentation of injuries
- The skeletal survey is generally considered mandatory in all cases of suspected NAI for children younger than 2 but has little value in children over 5, who can normally localise areas of concern. Imaging of children aged between 2-5 should be handled on an individual basis 7
- "Babygrams" in which many bones are x-rayed on the one film is not recommended due to low sensitivity and high radiation dose
- Repeating the skeletal survey two weeks after the initial study may increase the diagnostic yield, clarifies tentative findings on the first survey and gives additional information on the age of the fracture 8.15
- Skeletal surveys predominantly miss rib fractures, periosteal injury and rare fractures of the pelvis
 or foot. Hence, routine oblique views of the ribs has been recommended as part of a skeletal
 survey 15

Suspected Non-Accidental Injury in Children



- Is a difficult diagnostic problem with both missing the diagnosis and misdiagnosis very important concerns 1
- Situations that evoke suspicion of non-accidental injury in children include <u>1-5</u>
 - Fractures that are specific for non-accidental injury eg rib fractures in young children and metaphyseal, corner, or bucket handle fractures
 - Skull fractures without a history of trauma
 - Fractures of varying ages
 - Injuries which are not consistent with the history proffered
- Consideration of the differential diagnosis of non-accidental injury is important to avoid misdiagnosis 6

References

References are graded from Level I to V according to the Oxford Centre for Evidence-Based Medicine, Levels of Evidence. Download the document

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- 16. The British Society of Paediatric Radiology. Standard for skeletal surveys in suspected non-accidental injury (NAI) in children. Accessed August 2008. View the reference



<u>17.</u> American College of Radiolgy. **Practice guideline for skeletal surveys in children.** Accessed December 2014. <u>View the reference</u>

Further Reading

1. Kleinman PK (ed). Diagnostic imaging of child abuse, 2nd ed. Mosby, St. Louis, 1998.

Information for Consumers

Information from this website	Information from the Royal Australian and New Zealand College of Radiologists' website
Consent to Procedure or Treatment	Computed Tomography (CT)
Radiation Risks of X-rays and Scans	Magnetic Resonance Imaging (MRI)
Bone Scan	Plain Radiography/X-rays
Computed Tomography (CT)	Radiation Risk of Medical Imaging for Adults and Children
Magnetic Resonance Imaging (MRI)	Children's (Paediatric) X-ray Examination
Plain Radiography (X-ray)	Making Your Child's Test or Procedure Less Stressful

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