

Diagnostic Imaging Pathways - Head Injury (Adult)

Population Covered By The Guidance

This pathway provides guidance on imaging adults with a recent head injury. The Canadian CT Head Rules have been used to formulate the guideline.

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Quick User Guide

Move the mouse cursor over the **PINK** text boxes inside the flow chart to bring up a pop up box with salient points.

Clicking on the **PINK** text box will bring up the full text.

The relative radiation level (RRL) of each imaging investigation is displayed in the pop up box.

SYMBOL	RRL	EFFECTIVE DOSE RANGE
	None	0
	Minimal	< 1 millisieverts
	Low	1-5 mSv
	Medium	5-10 mSv
	High	>10 mSv

Pathway Diagram



Date reviewed: May 2018
 Please note this pathway is subject to review and revision

Under 16 years:
 Paediatric Head Trauma Pathway

ADULT WITH ACUTE BLUNT HEAD INJURY

- Any of the following:
- Focal neurological deficit
 - Patients on oral anticoagulants/anti-platelet agents or with a bleeding disorder
 - Obvious depressed skull fracture
 - Any sign of base of skull fracture (haemotympanum, 'raccoon' eyes, CSF otorrhoea/rhinorrhoea, Battle's sign)
 - GCS < 13 at any time since injury
 - Post-traumatic seizure
 - Unstable vital signs with major trauma

Yes

No

History of loss of consciousness, amnesia, or disorientation and injury within the previous 24h

No

Yes

- High risk (of abnormality requiring neurosurgical intervention)**
- GCS score <15 at 2h after injury
 - Suspected open or depressed skull fracture
 - Vomiting two or more times
 - Aged 65 or older
- Medium risk (for demonstrating brain injury on CT not requiring neurosurgical intervention)**
- Retrograde amnesia of more than 30 minutes
 - Dangerous mechanism (pedestrian struck by motor vehicle, occupant ejected from motor vehicle, fall from height of more than 1 metre or five stairs)

Any high risk factors

Any medium risk factors

No high or medium risk factors

CT Head

CT Head or close observation

Very low risk for significant intracranial injury

Patients may not require CT if they can be monitored for a period following presentation

Decision to perform imaging should be based on judgement of managing physician

Role of MRI

Image Gallery

Note: These images open in a new page

1



Subdural Haematoma

Image 1 (Computed Tomography): Acute post-traumatic right fronto-parietal subdural haematoma with midline shift showing the typical crescent shape (arrow).

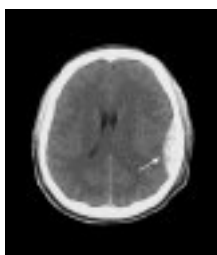
2



Bilateral Chronic Subdural Haematoma

Image 2 : Post-mortem specimen of the dura matter peeled back to reveal old haematoma within the subdural space (arrow).

3



Extradural Haematoma

Image 3 (Computed Tomography): Acute traumatic left extradural haematoma (arrow) showing the typical lens or convex shape with compression of the lateral ventricle.

Teaching Points

- Certain clinical findings mandate urgent CT head - focal neurological deficit, patients on anticoagulation/antiplatelets or suffering with a bleeding diathesis, penetrating skull injury, depressed skull fracture, signs of a base of skull fracture,
- Patients with a history of loss of consciousness (LOC), amnesia/disorientation and a GCS > 13 must be further risk assessed based on clinical findings. The criteria used in this pathway are based on the Canadian CT Head Rule, which is most widely validated clinical decision making tool. Observation or CT head may be indicated
- The decision to perform imaging on patients with no LOC, amnesia or disorientation and GCS 15 should be based on the judgement of the managing physician after history and examination
- Patients who present without loss of consciousness or amnesia are not included by the Canadian CT Head rule, but there is evidence that there is still a risk of intracranial injury if other risk factors from the rule are present

Computed Tomography (CT) Head



- Generally considered the most appropriate first line investigation for patients with head injury [1](#)
- Is able to detect scalp, bone, extra-axial haematomas and parenchymal injuries [2](#)
- There have been a number of guidelines developed for the use of CT in head injury with various recommendations. The Canadian CT Head Rule is generally considered the best of these guidelines [3](#)
- Although skull radiographs have been historically advocated as a first line investigation, they are now rarely used because of the lack of correlation between a skull fracture and a significant intracranial haematoma [4, 5](#)
- As CT is widely available and relatively inexpensive many hospitals are now using CT as a means of rapidly determining those patients with minor head injuries who can be safely discharged versus those who need admission or neurosurgical opinion [6, 9](#)
- There have been some reported cases of patients who have had a normal head CT and subsequently developed an intracranial haematoma. [10, 11](#) The evidence in the literature suggests that the probability of life-threatening complications after a normal CT is minimal. [12, 13](#) Clinical caution should be exercised in those on anticoagulation/antiplatelet agents which are associated with increased risk of developing intracranial haemorrhage following trauma [14, 15](#)
- Patients who present without loss of consciousness or amnesia are not included by the Canadian CT Head rule, but there is evidence that there is still a risk of intracranial injury if other risk factors from the rule are present. [16](#) The incidence of intracranial injury in patients with GCS 15 has been reported from 1.6% to 7.5% [17, 18](#)
- The decision to perform imaging on patients with no LOC, amnesia or disorientation and GCS 15 should be based on the judgement of the managing physician after history and examination [19](#)

Canadian CT Head Rule

- The Canadian CT Head Rule (CCHR) was prospectively derived on 3121 patients who had a minor head injury, defined as a GCS of 13 or greater with witnessed loss of consciousness, disorientation or definite amnesia [3, 20, 21](#)
- The authors found that patients with minor head injury could be classified into two levels of risk. Those with one of the five high risk factors are at substantial risk for neurosurgical intervention and CT is considered mandatory in these cases [3, 20, 21](#)
- Patients with either of the two medium risk characteristics could have a clinically important brain injury that would be seen on CT but are not at risk for needing neurosurgical intervention. The authors concluded that these patients could be managed with CT or close observation depending on local resources [3, 20, 21](#)
- Prospective validation was carried out in Canada and reported a sensitivity of 100% and a specificity of 52.1% for clinically important brain injury [22](#)
- External validation of the Canadian CT Head Rule has been disappointing. A Dutch study of 3181 consecutive patients reported a sensitivity of 100% for predicting neurosurgical intervention, but a sensitivity of only 84.5% for clinically important brain injury. Similarly, a retrospective study of 240 patients in Australia found that two, of ten clinically important, brain injuries would have been missed if the Canadian CT Head Rule had been applied [23, 24](#)
- The CCHR has been found to perform variably better than the New Orleans Criteria (NOC) in trials that have compared the two depending on what particular accuracy measure was analysed. [25, 26](#) In an external validation of the CCHR and the NOC, the CCHR was found to have a lower sensitivity than the NOC for neurocranial or clinically important CT findings [23](#)
- Despite this the CCHR remains the most widely researched decision rule and compared to other decision rules remains the most widely validated combined with high sensitivity and acceptable specificity [27, 28](#)
- The NICE Head Injury Guidelines (National Collaborating Centre for Acute Care - National Institute of Clinical Excellence) also recommends CT imaging for patients with post-traumatic seizure or a

GCS of less than 13 at any time since injury [1, 29](#)

- A recent Austrian trial found that by using different parameters to that of the CCHR for the assessment of high-risk patients sustaining mild head trauma a better sensitivity was achieved 90% versus 80 %. External multi centre validation is required to assess the results of this trial better [2](#)

Magnetic Resonance Imaging (MRI)

- May be used in the subacute setting to evaluate patients with unexplained neurological deficits
- MRI is superior to CT in identifying diffuse axonal or shear injury and small intraparenchymal contusions [30, 31](#)
- Magnetic resonance angiography may be used in some patients to assess for arterial injury or venous sinus occlusion
- Disadvantages
 - Insensitive to acute subarachnoid or parenchymal haemorrhage, and fracture compared with CT [2, 30](#)
 - Limited role in the acute setting due to long acquisition times and difficulty in performing a scan of the critically ill patient who may require life support systems
 - Certain absolute contra- indications; e.g. pacemaker

References

Date of literature search: December 2017 - April 2018

References are graded from Level I to V according to the Oxford Centre for Evidence-Based Medicine, Levels of Evidence. [Download the document](#)

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